

Professional Bio Sample

C.A. is a certified birth doula and lactation consultant. However, she's not your average birth worker. She is a mother of five. Three are angel babies.

She knows the joy of bringing a child home, and the pain of losing a child. No matter the circumstance, she is well equipped to help new moms navigate motherhood before, during and after childbirth.

C.A.'s warm, funny and caring personality makes it easy for moms to trust her. This demeanor, along with her professional experience, has proven invaluable to her clients.

As a birth doula, C.A. provides emotional, physical and educational support. She's the friend that can talk moms through the process because she's been there.

As a lactation consultant, she coaches and encourages moms through the breastfeeding experience. Through the highs and lows of getting a child to latch on. Through unexpected emotions and more.

As a bereavement doula, she helps mothers deal with things most women never think about until they are dealing with the physical and emotional needs of losing a child. Things like how to deal with lactation when there is no baby to feed.

C.A. has a Bachelor of Arts in Psychology from Johnson C. Smith University. She holds a Birth and Bereavement Doula certification from Stillbirthday, and a diploma in Surgical Technology from Carolinas College of Health Sciences. She is a board certified lactation consultant and participated in Duke University's AHEC Lamaze Childbirth Educator Program.

Outside of work C.A. volunteers with La Leche League, QC Cocoa Beans and Stillbirthday. She is also a member of Delta Sigma Theta Sorority, Inc.

When she's ready for downtime C.A. enjoys baking, reading a good book and traveling.